

Reprinted from

# WELL BEING JOURNAL

VOL. 8, NO. 2

MARCH/APRIL 1999

425/888-0375

HERALDING THE INTEGRATION OF NATURAL MEDICINE WITH THE ART AND SCIENCE OF MODERN MEDICINE

## Healing Lung Cancer with Soy Nutrient

*A fermented soy product proving valuable to cancer patients  
helps a young woman heal from small cell lung cancer*

By Donna Sage, M.S.S.A.

*An article titled "Soy Nutrient Reverses Cancer Cell Growth," in the January/February 1999 issue of the Well Being Journal, introduced a fermented soy beverage called Haelen. Due to the great reader response to that article, we are publishing regular updates discussing Haelen. This article includes a story of healing from small cell lung cancer with the use of Haelen and an account of how the author began researching and writing about the product.*

ROXANNE NEWMAN is a vivacious woman. She was diagnosed in May of last year (1998) with small cell lung cancer with lymph node involvement, at the young age of 46. The original doctor who diagnosed her was "doom and gloom," says Roxanne. "She sent me home with no hope and told me to get my affairs in order. She [downplayed] Haelen, and I found myself thinking negative thoughts."

Roxanne decided to get another doctor, because she knew how valuable positive thoughts are to recovery. Her new doctor told her that small cell lung cancer is one of the most aggressive and fastest growing cancers there is and that there was little they

could do; however, he was determined to do everything he could and not give up hope. Her life expectancy was 2-4 months without chemotherapy and radiation treatment, 12-14 months if she chose these standard medical interventions.

Meanwhile, Roxanne's sister Cindy knew about Haelen, and she ordered a case shipped to her right away. Cindy says "I call the [Haelen] little bottles of gold; they're the best investment you could make." Roxanne started taking an 8-oz bottle of Haelen per day in conjunction with simultaneous chemotherapy and radiation treatments. She also significantly improved her nutrition. She focused on increasing greens and fruits, and she rarely eats any meat. Her food is also primarily organic.

She told her doctor about Haelen, and he said, "With the odds you've got, you should do everything you can." Roxanne

said, "I never believed that I was going to die. You've got to think positively, have faith, and pray alot."

After three weeks of taking Haelen along with the first series of chemotherapy, she was tested. The expected results from the chemotherapy was a 10% tumor reduction. Excitedly, her doctor returned with the images of her chest and reported a 95% tumor reduction! He encouraged her to continue

"whatever she was doing." She returned in another three weeks, and the film revealed a 100% tumor reduction. The doctor performed bone and organ scans, and no cancer was detected.

Roxanne's doctor had never seen this kind of

recovery, and he recommended that she complete the full course of chemotherapy and radiation as a safeguard. She kept supplementing with Haelen during this time and stayed active during the treatment. "I never got sick. I was happy and laughing and had lots of energy. I went out every day, bebopping around and having

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lunch with friends." She received a total of six 3-day series of chemotherapy (Cisplatin and VP16) administered along with 30 radiation treatments to the chest area. She also received 15 "preventative" radiation treatments to the chest area. She also received 15 "preventative" radiation treatments to her head, as this type of cancer is known to metastasize to the brain.

Looking back, Roxanne thinks that taking Haelan would have been enough to eliminate her cancer. She also would have chosen not to undergo the chemo-radiation treatment after she was cancer-free; however, she is thankful she has her life. "I live every day as if it is my last. I am out there doing it, rather than thinking about it!" The only residual effect of the cancer is that Roxanne needs to get good regular sleep to keep her high-energy life-style. She took a bottle of Haelan a day for 50 days and is now taking a maintenance dose of one bottle every two weeks.

Roxanne attributes her cancer to 30 years of heavy smoking and significant stress. Her cancer appeared after her father died and she went through a difficult divorce, both within a short interval: "You have to absolutely get rid of stress in your life—eliminate it!" She quit her high-stress job as an executive secretary, sold her house, and simplified her life. Roxanne loves to rock-and-roll dance and snow ski.

"People always ask me how I can be so happy after all I have been through. I tell them that I have learned to appreciate life—material things don't matter anymore." Today she has a loving boyfriend who is supportive and brings joy into her life. She is taking an exam for her CDL license, and soon they will be team driving a big rig truck across the country. "Most people who have cancer can't even go to the grocery store, and I am going across the country!"

Roxanne's advice to readers who may face cancer is to "keep a positive attitude and know that you'll beat the cancer. Make up your mind that you will survive,

eliminate stress, have a strong faith in God, and take Haelan every day and you'll beat it.... Many people are out there dying, but they don't have to. I think Haelan should be available to everyone."

#### HOW I MET JOE TODESCO

Here is a note regarding both my discovery of and motivation for researching and writing about Haelan. Some things are meant to be. I was one of the last to board a flight from Seattle to Houston. On board I began a conversation with a man sitting across from me who had given up his seat so that a new mother would have room to maneuver her infant. His

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name was Joe Todesco. Although he was sitting in one of those seats that ride backward, his ideas, vision, and philosophy about health were the opposite.

Haelan Products, it turned out, manufactures and imports Haelan fermented soy beverage. On the flight, Todesco told me story after story about Haelan and people who experienced positive results in attaining health. "Proper nutritional supplementation," he said, "helps make the body an unfriendly place for cancer and disease to grow." I agreed with his philosophy, but I was skeptical about the Haelan soy product he kept referring to.

Soon we were on the ground in Salt Lake City, both having different connecting flights. We exchanged business cards and went our separate ways. I was in the Phoenix airport a week later during a lay-over on my way home. Then I saw Joe Todesco approaching me in the waiting area. He was on the same flight! We renewed our conversation. I began to have a feeling of synchronicity. I came home and told my husband about my experience and about Haelan. He is a skeptic, so I invited him to go with me to a meeting

with Todesco. I knew I could count on my husband to be the world's most cynical research partner. After a long meeting at the Haelan office, it became clear to both of us that there was validity in the research and we needed to learn more.

I had just moved to the Seattle area, and the next step in this story involves my discovery of the *Well Being Journal* and a little blue booklet titled *Cancer Cures Offer New Hope* in a local health food store. I instinctively knew that Scott Miners (the editor of these publications) was my next connection in this magical process. I spontaneously phoned him, and, being new to the writing/publishing field, I did not know exactly what to say. To my delight, Scott was willing to talk with me, and I told him about Haelan. He asked a million questions! I did not know enough about the chemistry to explain the process of how Haelan worked,

but I knew that I could figure it out. Scott asked me to write about my findings and send them to the *Journal*.

I spent the next four months studying Haelan technology, reading scientific studies, and interviewing people who have had experiences with Haelan. This brings us to the writing of that initial article in the January/February issue of the *Journal*, and the response has been overwhelming. Sometimes there are things that you just know you are supposed to do, and the signs have continued, pointing ways to me to write and educate others about Haelan. My hope is that this information contributes something beneficial to readers and affirms that nature holds the secrets of health and longevity. Δ

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